

Ground-breaking Infertility Study Confirms Laser Acupuncture Improves IVF Pregnancy Rates

Infertility Study Confirms Laser Acupuncture Improves IVF Pregnancy Rates; RMACT the only fertility clinic in Connecticut to offer laser acupuncture treatments for IVF fertility treatments.

Norwalk, CT (PR Web) May 28, 2009 -- Reproductive Medicine Associates of Connecticut (RMACT) announced today the results of a recently conducted survey that showed the use of laser acupuncture performed both before and after embryo transfer during an [in vitro fertilization \(IVF\)](#) cycle, improves a women's chances of implantation by up to 15%. Acupuncture is the traditional Chinese method of using pin-point thin needles placed at strategic "energy points" around the body to improve functioning and promote natural healing. Growing medical evidence indicates that acupuncture may improve a woman's chance of conceiving when performed in conjunction with IVF fertility treatments. Today, acupuncture is frequently used by women with infertility issues to help regulate menstrual cycles, reduce stress and improve blood flow to the pelvic area and uterine lining. The study, one of the largest clinical trials ever conducted on acupuncture, had 1,000 participants who were randomly assigned to one of five study groups. The first group received traditional acupuncture, the second group received laser acupuncture, while the third or "placebo group" thought (along with the acupuncturist and physician) that they also received laser acupuncture. The fourth, relaxation group lay in a dimly light room with soft music, and the last group received no treatment at all. All treatments were administered for 25 minutes before and after embryo transfer.

"The results of this large prospective study are exciting in that they provide additional support in showing that acupuncture has a direct effect on improving fertility," said Amy Matton, a licensed acupuncturist at RMACT. "Like traditional acupuncture, laser acupuncture uses low level light to regulate qi and help balance the body. Laser acupuncture is a viable alternative form of fertility treatment for people who may have a fear of needles."

"This exciting, first-of-its-kind study offers another tool to help couples achieve pregnancy, with only two painless treatments" said Dr. Mark Leondires, Medical Director at RMACT. "Our customized patient programs, personal attention, and leading research and technology, enable RMACT to provide each of our patients with the latest and most effective fertility treatment possible." Currently, RMACT is the only fertility center in Connecticut to offer laser acupuncture. All of RMACT's licensed acupuncturists have been trained in the use of laser acupuncture. To make an appointment or to learn more, call (800) 865-5431, or email [inquiries\(at\)rmact\(dot\)com](mailto:inquiries(at)rmact(dot)com)

[RMACT Fertility Clinic and Egg Donation](#) offices specialize in the treatment of infertility. With fertility clinics in Norwalk, Danbury and Greenwich, CT, and an affiliate office in Rye, NY, our team of Board-Certified Reproductive Endocrinologists offer a wide range of infertility treatments from basic fertility services including ovulation induction and intrauterine insemination (IUI) to the most advanced assisted reproductive technologies including In Vitro Fertilization (IVF), Egg Donation and Preimplantation Genetic Diagnosis (PGD). The RMACT physician team includes, Dr. Mark P. Leondires, Dr. Spencer S. Richlin, Dr. Joshua M. Hurwitz, and Dr. Cynthia M. Murdock. All physicians are members of the American Society for Reproductive Medicine (ASRM), the Society for Assisted Reproductive Technology (SART) and the Fairfield County and Connecticut Medical Societies. RMACT's IVF laboratory is accredited by the College of American Pathologists (CAP), and CLIA;

other accreditations include the Accreditation Association for Ambulatory Health Care (AAAHC) and the American Institute for Ultrasound in Medicine (AIUM). RMACT offers individualized treatment plans in a patient-focused and supportive environment. Fertility treatment support services, such as psychological counseling, acupuncture and yoga are also available. For more information visit <http://www.RMACT.com>

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